

es magazine

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THE PLAYER KING

HOW MARK RYLANCE BUILT THE GLOBE AND RULED IN JERUSALEM

WATCH OUT PRINCE CHARLES

THERE'S A NEW STARCHITECT IN TOWN

PLUS

THE MAN WHO SELLS LONDON'S TOP PROPERTIES IN SECRET

Emmanuelle laid bare

MADMOISELLE BEARS ON LOVE, NUDITY AND BEING TOO RISQUE FOR CANNES

The top three teeth-whitening treatments

1 Dr Mervyn Druian at The London Centre for Cosmetic Dentistry specialises in veneers, but I tried the Tooth Lipo Treatment, designed to improve your smile through whitening and cosmetic tweaking. After a thorough clean, Dr Druian started by curving the edges of my teeth slightly, then he gave them a polish and whitened them using UV light on a photosensitive gel. The results are brilliant; my teeth have never looked better. From £600. 93 Haverstock Hill, NW3 (020 7722 1235).

2 Based at the spa-like Swiss Smile clinic on Brook Street, W1, Dr Peter-Daniel Das first sent me to see the hygienist, who gave my teeth a really good clean and explained how to help prevent staining. The whitening itself took a little over 45 minutes: first, my gums were covered with protective padding, then my teeth were painted with a whitening gel, before a UV light was used to activate it in three 15-minute bursts. The results are noticeable but thankfully subtle. From £390 (020 7290 1180).

3 Dr Uchenna Okoye is the clinical director of London Smiling, which has branches in South Kensington and the West End. Before my Zoom lunchtime whitening service, I relaxed with a paraffin-wax hand treatment. Then a photosensitive gel was applied to my teeth, while a UV lamp activated it to break up stains gently. The treatment took about an hour and I was given a home kit to top up the results myself for two weeks. My teeth are now four shades lighter. From £850 (londonssmiling.com).

PUCKER
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Bright lips



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From left to right, top to bottom: **Chantecaille** Lip Chic in Amaryllis, £26.50, at spacenk.com **Illamasqua** Intense lip gloss in Follow, £12.50 (illamasqua.com) **Dior** Addict crystal gloss, £18 (020 7216 0216) **YSL** Gloss Pur pure lip gloss in Hibiscus (9), £20, at boots.com **Sue Devitt** mini lip gloss in Nantucket, £12, at harveynichols.com **NARS** lipstick in Schiap, £17, at spacenk.com **YSL** Gloss Pur pure lip gloss in Watermelon (8), £20, at boots.com **Chanel** Gloss Fluo Brilliant Lip Shine in Laser (407), £19 (020 7493 3836) **Smashbox** lip enhancing gloss in Electric, £12, at debenhams.com **MAC** Amplified lipstick in Show Orchid, £12.50 (maccosmetics.co.uk) **Estée Lauder** Pure Colour Gloss in Fuchsia Fantasy, £15 (esteelauder.co.uk) **Bobbi Brown** Treatment lip shine SPF 15 in Papaya, £17 (bobbitbrown.co.uk)